



THE ITHACA ROTARY NEWS

April 28, 2004

The official bulletin of the Rotary Club of Ithaca, NY
Chartered in 1915 :: District 7170

Read this newsletter online with pictures and more at <http://www.ithacarotary.org>

ANNOUNCEMENTS

- **New Roster Photos**

It's time to prepare next year's Rotary Member Roster! if you want your beautiful mug shot updated this year, see John Ziegler very soon at an upcoming meeting.

- **Rotary Roses a Huge Success**

Our Rotary Rose Queen, Bettsie Park, reported on the final numbers coming out of the Rose Sale of 1084 dozen! This is a huge number of roses many of which had to be delivered by a great team of Rotarians. Special thanks to Kelly Damm for leading up the massive delivery effort which allowed this fundraiser to be such a success.

- **Rotary District 7170 Conference coming soon!**

On June 11, our district conference will be held in Binghamton and we'll have some very interesting speakers. Please see Pres. Jeff True if you'd like to attend.

- **Rotarians are Social Beasts**

On April 27, Rotarians enjoyed our annual Spring Social at Taughannock Farms Inn where five area clubs and over 70 party-goers had a great evening. We'll be doing this great event every spring, so we want to see you next year!

- **Rotarian Welcome Wagon Request**

A fellow Rotarian from Hawaii is asking for an Ithaca Rotarian to help welcome his daughter for a couple of days when she arrives here on June 26 to begin the summer session at Cornell. Contact Pres. Jeff True if you are interested in helping out.

- **Call for Meeting Setup Volunteers**

Dave Flinn, John Hays and Mike Billings have been sharing the meeting setup chores on a monthly rotation basis for the past three years and have done an admirable job. Dave and John have announced their need to participate in other ways and will be phasing out of service this year. So, this is a call for any interested Rotarian to serve the club in this necessary and important activity. It requires that the individual be available from approximately 11:45 to 12:15. (Earlier is acceptable) The tasks include preparing the podium and sound system, putting up flags and banners and assisting the President and program speaker as required. Service will continue to be rotated based upon the number of volunteers, i.e. three volunteers equals one month of service out of three. It is desirable but not required that the setup person be available for the entire meeting. Please see Scott Russell if interested. For further, first hand information, talk with Dave, John or Mike.

- **District 7170 to Offer a Rotary Foundation Cultural Ambassadorial Scholarship**

For the first time, in the Rotary year 2005-2006, Rotary International District 7170 will offer a 3-month Rotary Foundation Cultural Ambassadorial Scholarship, in addition to an academic year scholarship. The Cultural Scholarship is for 3 months of intensive language training and cultural immersion abroad while living with a home-stay family and has a maximum of \$12,000 including transportation. The language training can take place in fifteen languages in more than twenty countries. The three-month scholarship, as well as the academic year scholarship, will be awarded for the Rotary year 2005-06, but the applications are due to the District Rotary Foundation Scholarship Sub-committee Chair by June 30, 2004. Applications should be sent to Peter Brellocks, DGE, 1405 Ellis Hollow Road, Ithaca, 14850. Information and application forms are available on the web by using the following links:

<http://www.rotary.org> >> click on 'downloads' >> 'The Rotary Foundation' >> 'Educational programs' >> 'Ambassadorial Scholarships'

Use the Ambassadorial Scholarship Application Form (the information on the Cultural Scholarships begins on page 13; to apply it is easiest to print all twenty pages, although some of them refer only to the academic year scholarship) or you may contact either PDG Clayton Alcorn, at 607-753-8187 calcorn@twcnny.rr.com, or DGE Peter Brellocks at 607-272-3848 or peterbrellocks@aol.com.

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ANNOUNCEMENTS <i>(continued...)</i>

- **Applications for Ambassadorial Scholarships**

Each year our district offers one Ambassadorial Scholarship and the opportunity to be sponsored for a Rotary World Peace Scholarship. Incoming District Governor Peter Brellochs reminds us that applications for these scholarships for 2005-2006 and 2005 - 2007 are due by June 30, 2004. Candidates must be sponsored by a Rotary club in the district. SUNY Oneonta, Hartwick College, SUNY Binghamton, SUNY Cortland, Ithaca College, and Cornell University Scholarship Centers or Guidance Offices will all be receiving applications and information. Interested applicants can also acquire the necessary forms and information about the programs by visiting the Rotary International web site at www.rotary.org.

The Rotary Ambassadorial Scholarship program is the largest program of its kind in the world and offers scholars anywhere from \$13,000 - \$25,000 to study abroad. The World Peace Scholarship is a two-year, \$50,000 scholarship that allows graduate-level or higher students to add to their Peace Studies and Conflict Resolution skills at one of seven select institutions around the world. If you know of anyone who might be interested in participating in one of these programs, please pass this information along. Completed applications along with all necessary attachments should be mailed to:

Peter Brellochs
1405 Ellis Hollow Road
Ithaca, New York 14850
ph. 607-272-3848 ; e-mail: peterbrellochs@aol.com

FEATURED ROTARIANS

- **Paul Harris Fellow Presentation**

Janet Stierer presented our newest Paul Harris Fellow award to Larry Baum. We all give to the Rotary Foundation for our own personal reasons. Some of us want to help make our world a healthier and more peaceful place to live. Others believe that supporting wonderful causes as the Rotary Foundation will bring us personal joy and satisfaction in life. Others, like our own Larry Baum, just wanted to wear the honorary green carnation at our annual Paul Harris Fellow special recognition meeting! But, no matter our personal reasons for giving, there are so many people around the world who will benefit so much for our important gifts to the Rotary Foundation. Thank you, Larry, for your dedication to Rotary!

- **Rotarian Travel Log:** Dale Flinn is in Africa!

Dale Flinn has been traveling in Gana, Africa helping with a Rotary project to provide mosquito nets to areas in need. He'll be reporting in on his exciting adventure after he returns!

- **Visiting Rotarians**

Barry Downing (Endwell, NY)
Kevin Gross (Cortland Noon)
Paul Banfield (Ithaca Sunrise)

PROGRAM NOTES “Unconventional Long Term Care”
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Elizabeth Classen, Bridges at Cornell Heights

Steve Garner introduced Elizabeth Classen of the new Bridges at Cornell Heights and Classen Home Health Associates, which has been giving exceptional long term care in Upstate New York since 1989. In 1994, the Classens expanded from caring for people in their homes to operating full-time residences providing alternative and high-quality care, such as Bridges.

Elizabeth discussed the interesting unconventional long term care options available in our area, and why and how these options should be considered for our grandparents, parents, and ourselves.

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PROGRAM NOTES (<i>continued...</i>)

The goal of this special type of long term care homes, like Bridges, is to provide quality 24 hour care in an environment that is focused on the individual and improves quality of life. They offer home-cooked meals, personal services, and strong social interactions... just like a family. The type of person who should consider this form of long term care is one who can no longer live along safely, who is dependent on others for daily activities, who needs 24-hour supportive supervision, but not constant one-on-one medical attention, and anyone who needs management of your medication regime.

In today's world, most of us are now living much longer and better, which is great news (!), but the problem is that we often outlive our money. It's now recommended that we financially plan to live until 100 years so that we don't find ourselves stuck without enough cash to support ourselves after it's too late. An option available to consider now is purchasing long term care insurance, which is essentially monies that can be utilized to provide yourself with costly custodial care as soon as the need arises.

Thanks to Elizabeth for her informative talk about the many new choices we now have available in this area as we grow old gracefully. For more information, check out their new website at <http://www.bridgescornellheights.com> or call 607-257-5777,

CALENDAR

April 27: Ithaca Area Rotary Clubs Spring Gathering at Taughannock Farms Inn

April 28: *Meeting* "Unconventional Long Term Care", Elizabeth Classen

May 5: *Meeting* "10,000 Villages Store", Pat Lawless

May 12: *Meeting* Ithaca Rotary Community Grants Presentation

May 19: *Meeting* "Hospicare", Nina Miller

May 23-26: Rotary International Convention (Osaka, Japan)

May 26: *Meeting* GSE Team Presentation

June 11-13: District Conference, Binghamton, NY Celebrating the Family of Rotary

June 20: Ithaca Rotary Chicken & Ribs BBQ at Stewart Park

June 25: District Pass the Gavel Celebration

June 27 - July 2: RYLA 2004

CREDITS & CONTACT INFO

Program Chair: Steve Garner :: *Kettle Watch:* Bill Downing :: *Greeter:* Teresa Nix :: *Thought:* Scott Whitham ::

Introductions: Gary Stewart :: *Music:* Jack Burns and John Vineyard :: *Photography:* John Ziegler :: *Setup:* John Hays ::

Editor: Matthew Dearing (temp) :: *Website:* Matthew Dearing

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Attn.: Scott Russell, Secretary

For Newsletter comments, questions or corrections, and subscription requests please contact the Editor at bigd@starflinn.com.